| Weekly Activity Schedule | | | | | | | |
|--------------------------|--------|---------|-----------|----------|--------|----------|--------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 6 a.m. | | | | | | | |
| 7 a.m. | | | | | | | |
| 8 a.m. | | | | | | | |
| 9 a.m. | | | | | | | |
| 10 a.m. | | | | | | | |
| 11 a.m. | | | | | | | |
| 12 p.m. | | | | | | | |
| 1 p.m. | | | | | | | |
| 2 p.m. | | | | | | | |
| 3 p.m. | | | | | | | |
| 4 p.m. | | | | | | | |
| 5 p.m. | | | | | | | |
| 6 p.m. | | | | | | | |
| 7 p.m. | | | | | | | |
| 8 p.m. | | | | | | | |
| 9 p.m. | | | | | | | |
| 10 p.m. | | | | | | | |
| 11 p.m. | | | | | | | |
| 12 – 6 a.m. | | | | | | | |