

# The Residency Report Newsletter

Department of Internal Medicine - Spring Issue - Volume 04







Internal Medicine Wellness Event (1, 2, 3, 4) – On February 22nd, IM residents had a wellness event at Topgolf and then attended several Mardi Gras parades downtown.

Alabama ACP Winter Meeting (5, 6) - On February 15th, the University of South Alabama hosted the Winter ACP Meeting at the Student Center on campus. Speakers included Errol Crook, MD, FACP, Antwan Hogue, MD, Brian Persing, MD, & Robert Israel, MD, FACP. The meeting focused on the topic of precision medicine and how it relates to medicine, sickle cell disease, and oncology. Dr. Israel also provided a teaching kitchen demonstration afterwards for education on patient diets.

**Check Us Out** Life in Internal Medicine Residency







### Internal Medicine Members Selected for Gold Humanism Honor Society

Three Internal Medicine department members were selected for the USA chapter of the Arnold P. Gold Humanism in Medicine Honor Society (GHHS) at the Frederick P. Whiddon College of Medicine. The society membership recognizes members with compassion in their care and the emphasis of human connection in Medicine. From left to right, Minye Seok, MD (PGY I), Abhijin Das, MD (Faculty), & Claudia Barrios, MD (PGY I).



#### Internal Medicine Members Selected for Alpha Omega Alpha (AOA) Honor Medical Society

Three Internal Medicine department members were selected for the coveted AOA membership. The society membership is lifelong and emphasizes members' commitment to their community, education, and professionalism.

Anna Foust, MD IM Clerkship Director & MedPeds Hospitalist

Taylor Cook, MD Pulmonary/Critical Care Fellow

> Haris Manan, MD PGY III

#### Resident Retreats PGY II Wellness Retreat

On February 7th, the PGY IIs has a Wellness Retreat at Strada. One of the most anticipated retreats of residency, this retreat focused on the eight dimensions of wellness through games and activities such as Hungry Hungry Hippos, Jumbo Jenga, the Game of Life, and making mosaics out of old Mardi Gras beads. These completed mosaics were displayed in the Doctor's Lounge.















#### **Alumni Spotlight**

Dr. Arianna Mohiuddin (Resident from 2015-2018)

Dr. Mohiuddin said her residency at USA was so impactful due to the resident autonomy and wide scope of pathology. It provided her with the exposure needed to succeed.



Post-residency, Dr. Mohiuddin has worked as an academic hospitalist for a few years, then with a healthcare start up, and then completed an endocrinology fellowship at Tulane University. She now practices community endocrinology in Ocean Springs, Mississippi. She is happily married and loves spending time with her husband. Dr. Mohiuddin said that USA's residency program influenced her conduct as a physician by way of teaching the importance of independence and critical thinking skills. She hopes that future residents take away Mobile's low cost of living and the preparation the residency gives residents for the real world.

## From The Coordinators

We would love to hear from you! Feel free to write, email, or call us at the contacts below.



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# Support Us Here & Make a Difference

Your donations go directly into helping the residents. They can be used for supplies in the doctor's lounge, new equipment, education resources including curriculum, conference materials, etc. We sincerely appreciate your contribution towards academic medicine and to the doctors of tomorrow!

NEW! - Online Giving: Donate safely and securely at <u>https://www.givecampus.com/campaigns/23442/donations/new</u> Under the designation tab, type "Patricia Green Internal Medicine Residency Education Endowment" from the drop down menu.

Mail in Check: Make payable to USA and in the For line write Patricia Green Int Med Res Educ Endow. Mail checks to Development Office, 650 Clinic Dr. TRP III, Suite 1500, Mobile, Alabama 36688-0002.