

EXERCISE SCIENCE
 2023-Current
 Master of Science – M.S.
 University of South Alabama – College of Education and Professional Studies

MINIMUM GRADUATE HOURS REQUIRED: 30

	Hours	Semester	Grade
Research and Evaluation (3 Hours)			
KIN 505 Research Methods in HKS	3	_____	_____
Area of Specialization (18 Hours)			
KIN 516 Physiology of Exercise	3	_____	_____
KIN 562 Biochemical and Molecular Aspects of Exer & Nutrition	3	_____	_____
KIN 563 Nutrition	3	_____	_____
KIN 571 Exercise Management of Chronic Diseases and Disabilities	3	_____	_____
KIN 572 Neuromuscular & Biomechanical Principles in Exercise	3	_____	_____
KIN 583 Stress Testing and Exercise Prescription	3	_____	_____
Choose Either the Thesis, Capstone Project or Internship Option below:			
Thesis Option (9 Hours)			
IDE 620 Quantitative Methods I	3	_____	_____
KIN 599 Thesis <i>(Total of 6 Hours)</i>	6	_____	_____
OR			
Capstone Project (9 Hours)			
IDE 620 Quantitative Methods I	3	_____	_____
KIN 699 Research Project	6	_____	_____
OR			
Internship Option (9 Hours)			
KIN 595 Internship	3	_____	_____
500-599 Advisor Approved Elective from KIN prefix	3	_____	_____
500-599 Advisor Approved Elective	3	_____	_____

Revised 4/25/23

HKS Tentative Course Offerings:

Fall Semester: HS 510; KIN 505, 516, 521, 563, 579, 590, 594, 595, 599, 699

Spring Semester: HS 560; KIN 500, 562, 572, 579, 583, 590, 594, 595, 599, 699

Summer Semester: HS 565, 575; KIN 506, 571, 574, 579, 590, 594, 595, 599, 699